



Susan P. Byrnes
Health Education Center

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To Whom It May Concern:

At Ms. Bixler's request, I am providing this letter of reference. The Susan P. Byrnes Health Education Center has had the opportunity to work with Ms. Bixler through both our adult education department and our community outreach initiatives.

Wellness Works, the adult health education department of the Susan P. Byrnes Health Education Center, has partnered with Deb Bixler for several years as a compliment to the corporate wellness programs we offer to local businesses. Many of the companies we service are looking for creative programming to promote healthy habits among their employees in an effort to lower the bottom line of annual health care costs and to show good faith to their staff. Ms. Bixler has offered entertaining cooking demonstrations, paired with lifestyle modification tips, as a part of programming such as quarterly breakfast meetings and company health fairs. Deb's passion for healthy living and her contagious enthusiasm capture the audience's attention each time she presents.

Deb also participated in our Annual Family Health Festival this past year. This free event for the community provides the opportunity to learn about many of the health resources in the area. Deb demonstrated the program "Debbie Banana & The Mad Scientist" which educated children and parents on the differences between whole food and processed foods. Again, her fun and interactive way of teaching is very unique.

Sincerely,

Sondra Ream
Giving Coordinator